Monthly News & Updates!

IMCES 38th ANNIVERSARY presents

October 2026

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A Note from CEO / Director - Dr. Tara Pir

Reflecting on the origins and meaning of "death" & "dying," as historically highlighted at this time of year.
As early as prehistoric times, humans were challenged by the existential fear and anxiety associated with death. This phenomenon motivated many innovations to reduce anxiety and increase life sustainability and protection throughout history's revolutionary developments. Over time, many doctrines have also contributed to meaningful conceptualization and helped reduce existential threat and related anxiety. In recent centuries, quantum theory's explanation of the evolving process of our existence appears to have been most effective in responding to inevitable existential anxiety. The belief that all existence is based on energy, and that energy only transforms and never dies.
Although this may not be a final answer, it helps diversify our approach and also seems to have some impact, especially on the hidden desire for immortality.
What do you think?

HAPPY HALLOWEEN!

In the spirit of Halloween spooky surprises, the admin team dressed up as FBI agents to arrest Dr. Pir for working too hard! The **trick** worked, and Dr. Pir's **treat** was a healthy lunch for everyone at the office.
Also, if you look hard enough, you might find Waldo!
Wishing everyone a Happy Halloween!



Welcome 2026-2027 Postdoctoral Residents!



This month, we welcomed our postdoctoral resident cohort of 2026-2027! Dr. Brian Robins and Dr. Seren Tuncay were successful in achieving the status of our postdoctoral residency program at IMCES. Also, both Dr. Brian and Dr. Seren have completed IMCES APA-Accredited predoctoral internship training program. Within their first month as postdocs, they have already taken steps toward their research and supervision projects!
We look forward to their ongoing success in our clinical training program!

EPI-LA Event: Movie Night



To celebrate "Día de los muertos," Dr. Seren organized a movie night event for our EPI-LA program! Clients watched the movie "Coco" while participating in themed activities and meaningful reflections. All attendees were engaged, interacted with one another, and had opportunities to socialize in a group setting!

Psychodynamic Intervention Seminar

The Developer and Director of our Clinical Training Program, Dr. Pir, always makes a special effort to diversify learning opportunities.



This season, Dr. Goni Bissell was invited to present a seminar series on the short-term psychodynamic approach. Dr. Bissell is a scholar, practitioner, and university professor.
These seminars offer another model of intervention to integrate into our comprehensive clinical method.

Celebrating Staff Personal Milestones!



IMCES Culture recognizes staff personal and professional milestones. This month, we celebrated Karla Lovo's new chapter of motherhood with a "baby shower" event. The team celebrated with fun games, activities, refreshments, and spending time with Karla and baby Lexi as extended IMCES family members.

Staff Recognition!

IMCES practices our value and culture of staff recognition and appreciation! This quarter, we highlighted and recognized team members with fun activities, gifts, flowers, and refreshments.



Honorees for August, September, & October Birthdays:
Susana, Lala, Vera, James, Landry, Jennifer, Lana, Nava, Jasmine, Marvin, Jackie, Tiffany

Recognition of "Accountability" Outstanding Performance

The following team members reached & exceeded 100% of their <u>productivity</u> requirements in the month of October!

- **Bora Meraj**
  - Doctoral Intern
- **Landry Malick**
  - Doctoral Intern
- **Natalie Vargas**
  - Doctoral Intern
- **Gilmore Villegas**
  - Case Manager
- **Dr. Tara Omrani**
  - Rehab Specialist
- **Dr. Soorena Sardarzadeh**
  - Clinician



Additionally, **Dr. Ocegueda** met 100% timeliness for same day submission!

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